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Correlation Between Parenting Types and Adolescence's Free Sex Behavior in SMK X Samarinda

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ABSTRACT

Adolescence is a transitional period in which sexual and adolescent changes occur. At this time, sometimes a lot of irregularities that can occur among teenagers when sexual desire is not channeled. One of the factors that can affect is the type of parenting pattern. Type of this research is observational analytic research with cross sectional method. Total samples fulfilling the inclusion and exclusion criteria were 197 respondents. Sampling technique is probability sampling technique, with cluster random sampling method. Data collection using questionnaires. Free variables are parenting type and free sex behavior as dependent variable. Performed a validity test using Person Product Moment correlation for each questionnaire, while the reliability test questionnaire using Cronbach's Alpha. Analysis of research data using Kruskal Walls test. The results showed that from 122 respondents who received Authoritarian parenting pattern, they performed free sex behavior as much as 38 respondents (19.3%). A total of 50 respondents who received Authoritative Parenting performed free sex behavior as much as 6 respondents (3.1%). While from 25 respondents got Permissive care pattern there were 20 respondents (10,1%) who did free sex behavior and 5 respondents (2,6%). The result of Kruskal Walls test insignificance value equal to 0,001 <0,05. There is a relationship between parenting type and teens free sex behavior. The conclusion of the research is that parents should apply the Authoritative type so that teenage free sex behavior can be minimized. In addition, for future research, it is needed to discuss the prevention of teenage free sex or factors that affect free sex behavior in adolescents.

INTRODUCTION

Adolescence is a prime of life. It is fun and exciting every child will experience many changes of from childhood to adolescence, both physically and psychologically. Age of adolescence divided into

three stages, early-adolescence between age of 10-14, mid-adolescence between age of 15-16, and late-adolescence between age of 17-19. Another theory cited that early-adolescence between age of 12-15, mid-adolescence between age of 16-18, and late-adolescence between age of 19-21.

One of the change is the emergence of sexual desire due to maturity of reproductive organs. Sex is a desire that often to be hindered but could spark conflict or frustration, and some could cause sexual disorder if the sexual desire failed to be applied, such as masturbation, homosexual, lesbiansim, adultery, pornography, bestiality, gerontosexual, and incest.

reproduction health survey of adolescent in 2012 revealed engagement behavior of adolescent. 29,5% of boys and 6,2% of girls ever fumbling their mate, 48,1% of boys and 29,3% of girls ever commit kissing, 17,6% of boys and 71,6% of girls ever holding hands. Premarital sexual behavior can cause damage like early pregnancy, abortion, spread of sexual disease, and other psychosocial disorder. Premarital sexual behavior sometimes affected by family role. Family is regarded as a key role of character building and personality including their reproduction health. Family is the prime educators to promote healthy life and to prevent all the family members not to commit sexual behavior prior to marriage.

The research result of Julianto (2010) indicated that adolescents who are committing premarital sexual behavior caused by the parenting permittance. Parenting is an act, commit, and parents interaction to maintain the growth of their children and lead them to the favourable growth. Many affect parenting education such as character, personality, temper, willingness and capability of kids approving the change, and family background etc. There are three types of parenting; authoritarian, authoritative, and permissive. Authoritarian is a type of parents which try to control, maintain and evaluate the behavior of kids referring to absolute standard, value of obedient, authority respect, establish communication not only kids to parents verbally. Lack of communication could decrease the ability of kids to communicate. Parents also sometimes do not impose any punishment when the kids are found guilty. Authoritarian parenting results offensive kids, fainthearted, lowspirited, unhappy, easy-influenced, easy-stressed, no clear vision, and unfriendly. Authoritative or democracy is a type of parents who try to think rationally, problems oriented, two-way communication where parents and kids are giving and accepting each other, explain every rational reason in every request or manner and use parents force if possible, expecting kids to respect their parents but also giving space for kids to live and control their own living, respecting each other between parents and kids, and embolden behavior standard. Authoritative parenting results friendly kids, self-confidence, self-control, good manner, cooperative, high courage, have a clear vision and achievement oriented.

Permissive parenting divided into neglectful parenting and indulgent parenting. Neglectful parenting is refusing to take care of the kids, giving total control to their kids without constraint, whereas indulgent parenting is where parents show emotional support but no control imposed. Permissive parenting results aggressive and impulsive kids, ill-tempered, low-confidence, dominate other, no clear vision and lack of achievement.

Parenting, physical and psychological condition are related. Adolescence is all about storm and stress phase, frustration and misery, conflict and crisis, dreams and love, and displaced feeling from adult life. Sometimes have high curious to know more about anything. Adolescence problems related to their behavior are: 1) premarital pregnancy that ends up abortion; 2) early pregnancy and delivery that cause maternal mortality (2-4 times higher than fertile phase); 3) genital disease spread; 4) drugs addict; 5) sexual violence. adolescence with authoritarian parenting tend to conceal their problems from their parents because no emotional bond with their parents and express their feeling to their peer group instead of their parents. This could lead to free sex behavior. Permissive parenting tends to make kids to do anything and causing free sex behavior because no restriction from their parents. While authoritative or democracy parenting enables kids to express their feelings to their parents, so that with their parents assistance, kids will no chance to fall into free sex behavior. Free sex behavior can also be affected by other factors i.e. self-factor, social life, and school. Free-sex aspect often done by teenager such as 1) sexual fantasy; 2) holding hands; 3) kissing and deep kissing; 4) necking; 5) petting (light and hard petting); 6) intercourse; and 7) masturbate. Other theory explained another

aspect of free-sex behavior, the stages are interest feeling, going out together, holding hands, hugging, groping, kissing, and and intercourse.

To overcome this, the following solutions may able to reduce free sex behavior: 1) erode poverty because poverty sometimes become a reason to prostitute their own kids; 2) to spread information about reproduction health because the unavailable of accurate information will push kids to explore about it by themselves throughout media information or friends; 3) more access to health services with counseling; 4) to enhance teenager participation and to develop peer education; 5) to review again all amendments which open chances to reduce early-marriage; 6) to minimize information about free sex. In this case, mass media and entertain media have big role. According to the background above, the writer is willing to conduct research about free sex behavior from parenting perspective. This research aims to figure out the relation between parenting and free sex behavior in SMK X Samarinda.

METHOD

This research is analytical observation with cross sectional method. Data collecting is held in SMK X Samarinda on April-June 2017. The population is the students of SMK X Samarinda grade X, XI, XII, around 575 students in total in which the samples are 236 respondents by using Slovin calculation with research standard error around 5% (0,05). Total samples that eligible to inclusion and exclusion criteria about 197 respondents. Sampling technique is probability sampling, with cluster random sampling method that meets with inclusion and exclusion criteria. Data collection collected randomly from grade X, XI, XII by using questionnaire. Inclusion criteria i.e.: registered as SMK X Samarinda students, students are fit to fill in questionnaire, whereas exclusion criteria i.e. respondents are not be willing to answer the questionnaire and students give “no” answer to L-MPPI scale with > 5 questions. Independent variable is parenting types and dependent variable is free sex behavior. The measure tool of both variables is questionnaire. Validity test is applied to all questionnaires by using *Person Product Moment* correlation. And as for reliability test, the questionnaire using *Cronbach's Alpha*. Data analysis using *Kruskal Walls*, if *p value* below α value ($p < \alpha$), means there's a correlation between parenting types and premarital sexual behavior (H_1 accepted).

RESULT

Table 1
Data Frequency respondent characteristic according to sex

Sex	N	Percentage (%)
Male	93	47.2
Female	104	52.8
Total		

Research result shows that 104 respondents are female (52.8%) and 93 respondents are male 42.7%).

Table 2
Data Frequency respondent characteristic according to age

Age (year)	N	Percentage (%)
Boys teenager		
10-14	32	34.4
15-16	35	37.6
>16	26	28
Total	93	100
Girls teenager		
10-14	39	37.5
15-16	37	35.6
>16	24	26.9
Total	104	52.8

Table above shows that majority of male respondents are 35 with age ranged 15-16 years old (37,6%) and majority of female respondents are 39 with age ranged 10-14 years old (37,5%).

Table 3
Data Frequency free sex behavior

Free sex behavior	Male		Female		Σ	%
	N	%	N	%		
To perform	29	14.7	35	17.8	64	32.5
Not to perform	64	32.5	69	35	133	67.5
Total	93	47.2	104	52.8	197	100

Based on data above, most respondent to perform free sex is female for about 35 respondents (17,8%).

Tabel 4
Data frequency of adolescent's free sex behavior

Sex behavior	Yes		No		Σ
	N	Percentage (%)	N	Percentage (%)	
Sexual fantasy	49	24.9	148	75.1	197
Holding hands	64	32.5	133	67.5	197
Kissing	63	32.0	134	68.0	197
Necking	49	29.4	148	75.1	197
Petting	13	6.6	184	93.4	197
Intercourse	5	2.5	192	97.5	197
Masturbate	27	13.7	170	86.3	197

According to the data above, most sex behavior performed by respondents is holding hands. There are 64 respondents who performed it (32,5%). While intercourse is less performed by respondents which is only 5 (2,5%).

Table 5
Data frequency of parenting type

Parenting type	N	Percentage (%)
<i>Authoritarian</i>	122	61.9
<i>Authoritative</i>	50	25.4
<i>Permissive</i>	25	12.7
Total	197	100

Interpretation above can be summarized that authoritarian parenting type is predominant for about 122 respondents (61,9%).

Tabel 6
Frequency distribution of parenting and free sex behavior

Parenting types	Free Sex behavior				Σ	%
	To perform		Not to perform			
	N	%	N	%		
<i>Authoritarian</i>	38	19.3	84	42.6	122	61.9
<i>Authoritative</i>	6	3.1	44	22.3	50	25.4
<i>Permissive</i>	20	10.1	5	2.6	25	12.7
Total	64	32.5	133	67.5	197	100

Data interpretation above showed that from 122 authoritarian parenting respondents, there are 38 respondents (19,3%) to perform free sex (19,3%) and 84 respondents (42,6%) oppose it. From 50 authoritative parenting respondents, 6 respondents (3,1%) do perform and 44 respondents (22,3%) does not. While from permissive parenting 25 respondents, there are 20 respondents (10,1%) who commit free sex and 5 respondents (2,6%) who do not.

Table 7
Result of Kruskal Walls analysis bivariate

Variable	N	df	Asymp. Sig
Parenting			
Free sex behavior	197	1	0.001

According to the Kruskal Walls test result above, there are significant value 0,001 which is lesser than alpha (α) 0,005 ($p < \alpha$) or $0,001 < 0,05$. This means that there are correlations between parenting and free sex behavior to adolescent (H_1 accepted).

RESULTS AND DISCUSSIONS

Authoritarian type of parenting is a parenting which tries to mold, control, and evaluate kids' behavior and attitude according to the basic absolute standards, obedience value, authority respect, work tradition, but there's no two-way communication between both parents and kids. Rather, only one-way communication from parents to kids. this cause the kids communicating skills are absent. Parents sometimes avoid to impose punishment to their kids who commit mistake.

The research had been succesfully conducted and resulted that from 122 authoritarian parenting respondents, 38 respondents (19,3%) perform free sex and 84 others (42,6%) do not. Free sex behavior committed by authoritarian parenting are sexual fantasy, holding hands, kissing, necking, and petting. Kissing is mostly committed. In this research, parents took a hard line and zero tolerance to their kids whenever they are wrong. Jahja (2011) also stated the same that adolescent with less time to get along with their parents and often got ill treatment tends to have attitude disorder such as free sex.

Parenting with tight rules and over discipline could be a trouble for teenager growth. At this stage, they will often disobey, aggressive, and do things they like whatsoever, like smoking and free sex. Authoritative or democracy parenting is a type of parenting in which the parents think rationally, problem-oriented, and two-way communication between parents to kids and vice versa, propose rational reason in every request, but often show the parents authority. Kids are expected to respect their parents but give a spacious decision to their kids in every decision like living independently or self determination. Parents does not take absolute stance, neither kids needs consider as most. Research result there are 50 respondents who treated *authoritative* parenting, there are 6 respondents (3,1%) who perform free sex and 44 respondents (22,3%) who do not. The kind of free sex behavior are sex fantasy, holding hands, kissing, and necking.

In Indonesia, *authoritative* is considered as the best parenting type compared to others. In this type of parenting, parents give freedom to their kids yet give control over their kids. Parents are frequently giving motivation and suggestion. This emphasizes the theory that authoritative is the most ideal type of parenting. Other research mentioned that quality and intensity of parenting vary in assisting kids to behave. Authoritative puts common interest first above individual interest and gains control of kids. This parenting applies numerous rules without weighing kids. This results a friendly and high curious, but one must be noticed that high curiosity could cause free sex behavior.

Permissive parenting divided into *neglectful* and *indulgent* parenting. Neglectful parenting is where the parents ignore the kids and give them a total authorship, whereas indulgent where parents give a moral support but lack of control. This cause aggressive and impulsive kids, low-confidence, dominate, no clear vision, and low achievement.

Research result shows that from total 25 permissive parenting respondents, there are 20 respondents (10,1%) who perform free sex and 5 respondents (2,6%) do not. Free sex that they do are sexual fantasy, kissing, necking, intercourse, petting, and masturbate. The parents give total authorship to get along with both boys and girls and allow them dating without any restrictions.

Permissive parenting tends to make teens disobey and immature because no lesson from any responsibilities they have committed. There are two reasons why parents mother their kids with *permissive* parenting. Firstly, they believe that their kids will not go beyond behavior morality so they let them to do they like whatsoever as long as they are responsible for that. Secondly, kids' mischievousnes that parents are unable to control and nothing can be done to overcome it.

CONCLUSION AND SUGGESTION

1. From total 122 respondents who are treated *authoritarian* parenting, there are 38 respondents (19,3%) committed free sex.
2. From total 50 *authoritative* parenting respondents, there are only 6 respondents (3,1%) who committed free sex.
3. From all 25 *permissive* parenting respondents, there are 20 respondents (10,1%) perform free sex.
4. *Kruskal Walls* test result shows significant value $0,001 < 0,05$ ($p < \alpha$). This means that there are relation between parenting and free sex behavior in adolescent (H_1 accepted).

Parents should apply *authoritative* parenting so that free sex behavior in adolescence can be minimize, further more, another research about how to overcome free sex behavior is badly needed to discuss about factors that affect free sex behavior in adolescence.

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