The Role of Headmaster Managerial to Create A Healthy School  
(Case Study at Senior High School of Muhammadiyah Sambas)

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Abstract. This study aims to 1) find out more in depth, describe and analyze the headmaster's planning in creating a healthy school; 2) knowing more deeply, describing and analyzing the organization of headmasters in creating healthy schools; 3) knowing more deeply, describing and analyzing the direction of the headmaster in creating a healthy school; and 4) knowing more deeply, describing and analyzing the controls carried out by the Head of Senior High School of Muhammadiyah Sambas on activities to create a healthy school. This type of research is descriptive qualitative. The results of the research show that the role of the Headmaster in making healthy school planning is good enough to convince all school residents about the importance of a clean and healthy life. For the sake of the realization of a healthy school, the headmaster and the teacher council have formulated a school vision that is to realize intelligent, devoted and environmentally sound human beings. Regarding organizing, the role of the headmaster is quite democratic by involving all school residents in forming a healthy school implementation team so that the team's performance runs synergistically and simultaneously. In the implementation of the healthy school program, the school headmaster together with all the school members who were motivated by the head of the implementing team of the healthy school had implemented this program with total enthusiasm and responsibility. Supervision of healthy school programs routinely carried out by headmasters is evidenced by the growing awareness of clean and healthy lives of students, teachers, TU staff and other school residents and the community around the school.

Keywords: Managerial Role; Healthy School

I. INTRODUCTION

School is a formal institution which of course there is a leader called the headmaster who is fully responsible for carrying out his duties as a managerial and for realizing the goals of the school that has been set together. Hani Handoko (2003: 6) suggests three reasons for the need for management, namely: 1) to achieve organizational or personal goals, 2) to maintain a balance between conflicting goals, 3) to achieve efficiency and effectiveness. Richard L.Daft (2012: 8) states: managers set goals, organize activities, motivate and communicate, measure performance, and develop people. Aan Komariah (2005: 4) asserts that a system, school has a core component consisting of input, process, and output.

Oemar Hamalik (2006: 19) mentions the capabilities that must be possessed by managers: a) have broad knowledge and insight about development, b) have a strong personality, c) have knowledge and skills in accordance with the field of responsibility, d) have the ability to be community and e) have managerial ability to carry out management functions in the management process. The headmaster is the school manager, that is, the person who organizes or manages the school so that all available potential (teachers, TU staff, infrastructure, environment and so on) function optimally. Headmasters as school managers carry out management functions including planning, organizing, actuating and controlling these potentials to support the achievement of school goals which are nothing but educational goals. With a clear division of labor, delegation of authority and responsibility appropriately, and adhering to the principles of organizing the school activities will run smoothly, and the objectives are well achieved (Sukanto, 1992: 244-251).
The role of the headmaster is very important to create a good quality school.

From the managerial role of the headmaster above, of course, the headmaster will be able to realize the school's goals that have been established with programs made based on the agreed needs and expectations by including the existence of a healthy school program. The Regulation of the Minister of National Education of the Republic of Indonesia Number 57 of 2009 concerning the provision of assistance for the development of healthy schools. In article 1 of the regulation states that healthy schools are schools that are clean, green, shady, safe, and comfortable, students are healthy, active and fit, and behave in a clean and healthy life. The impact of a healthy school is to provide a sense of comfort for all residents in the school environment, especially for teachers and students in carrying out the teaching and learning process, so that the efforts of this healthy school can improve the quality of education.

The healthy school program is one of the most important programs contained in the school program, which requires the ability of the headmaster to make it happen. Development of a healthy school environment which is one of the important elements in fostering school resilience must be carried out, because a healthy living environment is needed to improve the health of students, teachers, and school employees, as well as increasing the absorption of students in the teaching and learning process. So the development of a healthy school life environment is carried out through the 7K concept, namely: cleanliness, beauty, comfort, order, security, shade, family. Deni Kurniadi and Suro Prapanca (2010: 58) stated that by studying the health of the school environment, it is expected that students: a) have knowledge of the scope of the school environment, b) know, understand the problems of the school environment, c) know, understand the role and the influence of the school environment on human life, d) knowing and understanding the health problems of the school environment, e) having a positive attitude and active participation in school environmental health efforts, f) having the skills to maintain and preserve the health of the school environment in daily life.

As a concept, a healthy school is not enough to cover physical health but also includes social and psychological health. It means that the concept of healthy school refers to the definition of health from the World Health Organization (WHO) which describes health as a whole as a healthy state intact physically, mentally and socially, and not just a condition free from disease, disability, and weakness. According to the Guide to the Development of a Healthy School Model in Indonesia (2009: 4), the benefits derived from the Healthy School program include: 1) for the community as a place to produce students who have a culture of healthy and active life, 2) for the government as a learning place can be used as a pilot for other schools because it is hoped that the school can produce quality resources, and 3) for the private sector or the world of work that can provide opportunities for the private sector to play a role in the development of Healthy Schools. The Healthy School Program needs to be socialized and carried out well through health services that are well supported and sufficient by other related sectors, such as community participation, the business world, and the mass media.

Senior High School of Muhammadiyah Sambas which was established in 1999 is one of the schools in Sambas District that has been implementing the Healthy School program since 2012. Based on interviews with the Headmaster and observations obtained achievement data that can be obtained from the administrative staff as follows:

<table>
<thead>
<tr>
<th>Table I</th>
<th>Non-Academic Student Achievement</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
<td>Competition</td>
</tr>
<tr>
<td>1</td>
<td>First Winner of Healthy School Competition</td>
</tr>
<tr>
<td>2</td>
<td>First Winner of Healthy School Competition</td>
</tr>
<tr>
<td>3</td>
<td>Second Winner of Healthy School Competition</td>
</tr>
<tr>
<td>4</td>
<td>First Winner of Healthy School Competition</td>
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<tr>
<td>5</td>
<td>First Winner of Healthy School Competition</td>
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<tr>
<td>6</td>
<td>First Winner of Healthy School Competition</td>
</tr>
<tr>
<td>7</td>
<td>First Winner of Healthy School Competition</td>
</tr>
</tbody>
</table>

Source: Senior High School of Muhammadiyah Sambas

The success achieved by Senior High School of Muhammadiyah Sambas is certainly an effort and hard work of all school residents and other related parties, as well as being closely related to the ability of the headmaster to carry out his role and function as manager. Head of Senior High School of Muhammadiyah Sambas is required to be a good educator for his subordinates, able to organize school administration, be a supervisor and supervisor on personnel performance, be creative and innovative in managing the school and be able to motivate the work of personnel well. In other words, the Head of Senior High School of Muhammadiyah Sambas is required to be able to plan school activity programs, organize school potential, mobilize personnel, and supervise the work of personnel and the implementation of school activity programs so that the school can achieve the title of a healthy school. In
addition to various birth or physical endeavors, to
achieve school success, spiritual activities are also
pursued by approaching Allah to ask for His pleasure
and help. This activity involves all school residents,
religious scholars, parents of students, and the
community around the school such as istiighozah,
prayer, dhikr, prayer together and so on.

This phenomenon is interesting and urgent to
be studied and studied. This phenomenon can be used
as an additional insight and consideration material to
make corrections, improvements, and further
business enhancements, especially those schools and
other schools that want to be healthy schools. Based
on the healthy school achievement achieved by
Senior High School of Muhammadiyah Sambas
which can be seen from the table above, the
researchers are interested in researching the "The role
of headmaster managerial in creating healthy schools
in Senior High School of Muhammadiyah Sambas."

II. RESEARCH METHOD

This type of research is descriptive qualitative.
This study was chosen so that researchers obtain a
broad and in-depth picture of how headmasters carry
out their roles and functions in developing programs,
organizing school potentials, mobilizing personnel,
supervising personnel work and implementing school
activity programs.

This study uses a qualitative approach because
this research was conducted to obtain an in-depth
picture of the object of research that is about how the
managerial role of the head of Senior High School of
Muhammadiyah Sambas in creating a healthy school.
This type of research includes descriptive research
with a qualitative approach, because research that
produces descriptive data in the form of written or
verbal words from people and observed behavior,
based on the questions in the field interviews that are
reinforced by the results of observation and
states that fundamental descriptive research analyzes
the data collected in the form of words, images and
not numbers to get an objective description.

In this study, researchers will conduct in-depth
interviews with academics and practitioners to find
out their opinions about the managerial role of the
headmaster in creating a healthy school in Senior
High School of Muhammadiyah Sambas. The results
of interviews and literature studies were analyzed so
that they could answer research questions.

III. RESULT AND DISCUSSION

A. Result

The purpose of this study was to obtain
objective information about the managerial role of
the Head of Senior High School of
Muhammadiyah Sambas in creating a healthy
school. Therefore, the following is presented
the results of the research that has been obtained.

1. Healthy School Planning

The aspect of planning for a healthy
school is discussed through four broad
outlines, namely the school's vision and
mission, the preparation of a healthy school
program, the involvement of school
committees and the efforts made to create a
healthy school.

According to the Headmaster
(Romsidi, S.Pd., M.Sc), the vision and
mission of the Senior High School of
Muhammadiyah Sambas are to realize
intelligent people who are devoted and
environmentally sound. From this vision, it
was explained with several missions, namely
(1) intelligence by providing assistance to
students through Intra and extra-curricular
activities; (2) faith and devotion by fostering
the devotion of students including religious
activities; (3) environmental insight creates
the Senior High School of Muhammadiyah
Sambas with a beautiful, leafy, healthy and
clean environment in order to assist the
implementation of the learning program at
Senior High School of Muhammadiyah
Sambas.

Meanwhile, according to the teacher as
the head of the healthy school implementation
team named Nazarisman, S.Pd, the vision and
mission of Senior High School of
Muhammadiyah Sambas is to form people
who are devoted, intelligent and
environmentally sound. Then the vision was
translated into the school’s mission, namely
(1) fostering the spiritual mentality of the
school’s citizens; (2) provide guidance
optimally on curricular and extracurricular
activities to people who excel; and (3)
developing the values of love and being
responsible for the school environment.

Based on the vision and mission above,
the purpose of education at Senior High
School of Muhammadiyah Sambas is:

a. The realization of Senior High School of
Muhammadiyah Sambas graduates who
excel in academic and non-academic
achievements by the superior and
religious Graduates Competency
Standards.

b. The realization of an innovative learning
process with a variety of approaches,
methods, which are fun, creative, and
communicative with an IT-based
assessment system.

c. The realization of professional
development for educators and education
personnel with high workability and ability.
d. The realization of facilities (infrastructure) of IT-based learning, multimedia systems by SNP and school culture to support learning success.
e. The realization of school governance that ensures the implementation and success of participatory management as an effective and democratic school.
f. The realization of schools caring for tradition and preserving and appreciating the diversity of traditions, arts, and national culture.
g. The realization of a caring and cultured school environment in the preservation, protection, and management of the environment and preventing pollution and environmental damage.

Then the understanding of healthy schools according to the Headmaster is a school that applies a clean and healthy lifestyle in the school environment by all school residents. In healthy schools applies clean and healthy living habits (PHBS). There are eight points that must be carried out in healthy schools, including regular exercise, height measurement, weighing regularly, schools must be clean, healthy latrines and healthy and nutritious canteen snacks.

Meanwhile, according to the head of the healthy school implementation team named Nazuarisman, S.Pd., the definition of a healthy school, is a school that is successful in helping students to do their best optimally by promoting health aspects by implementing clean and shady clean school green schools and familiarizing clean and healthy lifestyles.

In the preparation of the healthy school program, the school involved all school residents, both headmasters, teachers, administrative staff, then other officers such as the canteen, UKS, cooperative and also involving students including the school committee. It was reinforced by what was conveyed by Mr. Nazuarisman that in the preparation of this program not only counseling teachers (BK) but included UKS coaches, subject teachers namely biology teachers, religious teachers, sports teachers, even teachers. Program development team.

Senior High School of Muhammadiyah Sambas includes a healthy school program into the curriculum field to implement this healthy school program which is outlined in the syllabus and lesson plan of biology, religion and sports subjects. In implementing the healthy school program into the syllabus and lesson plan of the subjects above, the teacher is given the freedom to insert healthy school programs according to the topic or discussion of each teacher, but this is an absolute requirement for teachers to insert a healthy school program in their lesson plans.

The statement of Mr. Nazuarisman as the head of the healthy school team reinforced that the healthy school program was supported by applying 5S, namely Greetings, Polite and Polite. In the implementation, according to him, the implementation of 5S and PHBS goes hand in hand and line, so that students have carried out their daily habits.

To support a healthy school program, the headmaster establishes communication with all school residents and collaborates with the school committee to ask the community for help Tumuk Manggis village head, the sub-district development team, namely the sub-district head and the district development team, which is from the social welfare of the Sambas district government, the surrounding community. The subdistrict UKS Guidance Team named it and the Team of District UKS Guards, Health Centers and Health Offices.

It is reinforced by the school committee statement (Mr. Agus Tri) where he said the role of the committee in the field of energy by gathering residents of the surrounding community, parents for cleaning the environment including cleaning the trenches and mosques. The radius for coordination is around 500m from the school because in SMP Negeri 1 Sambas is also nominated for a healthy school so that it supports each other’s healthy school program.

As for the funding according to the school committee that the early school program was supported by BOS funds and DBOT (parental assistance funds) by their intended use.

As part of a program, the school headmaster and the teacher socialize the healthy school program through public meetings and the ceremony every Monday morning.

2. Organizing Healthy Schools

The next step after compiling the program, according to the headmaster (Mr. Romsidi, S.Pd., M.Sc) the next step is to make the management/committee / implementing team of a healthy school. As for the formation of the health school implementation team, as the team leader, Mr. Nazuarisman, S.Pd., was appointed directly by the headmaster. Then for the position of deputy and so on through a meeting involving all school residents including the school committee.
The tasks/job description of each committee is arranged to expedite this program. For example, what was conveyed by the headmaster, Mrs. Apriyanti, was in charge of escorting the headmaster's office, vice room, and the teacher's room, as well as the division of the toilets, yard, hall, and garden, each of which had been divided into tasks.

It was reinforced by what was delivered by Mr. Nazuarisman as the head of the health school implementation team where he called LSS the Healthy School Competition with the attached organizational structure.

Mr. Nazuarisman, S.Pd. said that for the chairman and deputy committee the Healthy School Contest in its formation was appointed directly by the school headmaster, while for coordinators and cadres of healthy schools were discussed and the teacher council. So he reiterated that this healthy school program involved all school residents, not just the headmaster who worked but all of those in the Senior High School of Muhammadiyah Sambas also worked.

To socialize the healthy school program, one of them uses announcements in the form of media and at the time of the flag ceremony every Monday that Senior High School of Muhammadiyah Sambas is one of the healthy school participants.

3. Implementation of Healthy Schools

According to the headmaster (Mr. Romsidi, S.Pd., M.Si) that the sanitation problem is still being pursued to the maximum extent possible, even though it is not yet 100% by the standards, Senior High School of Muhammadiyah Sambas continues to be fostered from the district health office. It was confirmed by Mr. Nazuarisman's statement that according to him the sanitation of this school had fulfilled the requirements for a healthy school.

The garbage problem is still according to the school headmaster (Mr. Romsidi, S.Pd., M.Sc) that the garbage collection is accommodated in the school and then disposed of in a public garbage collection area in front of SMA Negeri 1 Sambas. Garbage is sorted according to the organic and non-organic waste that has been provided by the trash bin for each type of waste.

His statement was strengthened by a statement from Mr. Nazuarisman where the school gave counseling, materials on how to sort garbage properly and well, most students only threw garbage in its place but did not know which organic waste and non-organic waste. The school also has temporary garbage disposal, and then the waste is only disposed of to the final landfill. In the implementation of garbage disposal, at Senior High School of Muhammadiyah Sambas, this was scheduled separately by students.

In connection with the hygiene schedule according to the headmaster (Mr. Romsidi, S.Pd., M.Sc) not only is Friday clean, but almost every morning before entering the student carries out cleaning from the front road to the yard including after the ceremony before entering the student class picking up trash.

Meanwhile, according to Mr. Nazuarisman, the collection of garbage is based on self-awareness. We have the acronym Lisa, so as soon as students see garbage, students already know what to do. Lisa stands for View Sampah, so the Senior High School of Muhammadiyah Sambas students not only think that throwing garbage on Friday is clean, but every day as soon as they see their garbage, they immediately throw garbage into the trash can. So it's not just Friday's clean, but it has become their habit both within the school and outside the school environment.

Then related to a healthy canteen, there is a healthy hygienic food and beverage menu according to health standards. In fact, according to Mr. Romsidi, the Senior High School of Muhammadiyah Sambas canteen was declared healthy by the Sambas district health office and is now being submitted to get the Smart Canteen program from BPOM where the school canteen has been audited by BPOM Pontianak and is awaiting the results of its decision.

Mr. Nazuarisman made it clear that a healthy canteen was included in 39 strategies, precisely at numbers 18 and 37. Even our school canteen had obtained a healthy canteen certificate/certificate from BPOM. In the past, BPOM will give four stars, but until now there has been no decision letter.

In connection with the classroom facilities, still according to the headmaster (Mr. Romsidi, S.Pd., M.Sc) that for the standard classrooms, but there are still some classrooms with less lighting and will be addressed by God willing later after the Eid holidays. As for the distance of whiteboard with tables and so on, it is standard according to the fulfillment of the number of students.

Meanwhile, according to Mr. Nazuarisman, the classroom in Senior High School of Muhammadiyah Sambas has met the standards of a healthy school, where one of the indicators is ventilation, the distance of the blackboard and the table is around 2
meters and adequate lighting. Then the UKS room already exists but said the headmaster still needs to arrange the incomplete completeness because funding constrains it. Mr. Nazuarisman said that by the stages from the sub-district, district and provincial levels that UKS at the Senior High School of Muhammadiyah Sambas is ideal and feasible for healthy schools. As a consequence, the healthy school said the headmaster did not exist / there was no special room for smoking, so in other words, there should be no smoking in the school environment. It was reinforced again by Mr. Nazuarisman that the Senior High School of Muhammadiyah Sambas is praying one area free of cigarettes, not only smoke-free but the smoke is also not permissible. Through the pamphlets stating that the Senior High School of Muhammadiyah Sambas is free from cigarettes not only in the form of orders but also in the form of warnings. The impact of the application of this pamphlet, thank God slowly the number of smokers decreases, and until the writer comes to the location, no one smokes anymore.

According to Nazuarisman, this school has formed a school cadre whose name is "Anti-Cigarette Ambassador." One of the tasks of the anti-smoking ambassador is to provide opinions/input and reprimand subtly by carrying a cigarette disposal place. By coaching and socializing how to make a good statement to guests who smoke and emphasize that Muhammadiyah Senior High School Sambas is free of cigarettes.

One of the steps of this school towards a healthy school is by planting/reforestation, where school residents here are not only orders but have become a habit of how to create green schools.

The description above is reinforced by the statement of Mr. Nazuarisman, S.Pd as the head of the implementation team of the healthy school starting from the efforts made to develop this program through 39 strategies that must be implemented and thank God that around 70% has been achieved.

The implementation of the healthy school program began with the improvement of school facilities and the procurement of health report cards owned by each student. One health report card includes weight and nutrition. Then the next step is to synergize the work steps of the UKS implementation team and the procurement of medicines to support the health of school residents.

4. Healthy School Supervision

In connection with the evaluation of the healthy school program, according to the headmaster (Mr. Romsidi, SP, M.Sc) that is regarding improving understanding of healthy schools continue to be carried out by headmasters through cadres, both physical cadres, teenage health cadres, UKS cadres and so on. During the Monday flag ceremony, the headmaster also monitored the implementation of this healthy school, which parts need to be addressed.

While Mr. Nazuarisman's submission reinforced the headmaster's statement that the Senior High School of Muhammadiyah Sambas has been pioneering for this healthy school since 2014 and has always been given input by the headmaster, he is like his own father that this healthy school competition is not only for competitions but is one of the habits of the citizens of Senior High School of Muhammadiyah Sambas. So this is always instilled and reminded by the headmaster that living clean is not just for competitions, but always aware of cleanliness is an extraordinary life.

Then related to changes in student behavior according to the monitoring of the headmaster slowly changed, both from the habit of disposing of garbage, maintaining personal hygiene and the environment, the activity of flushing plants around each class. As a symbol of the character of the student, at the Senior High School of Muhammadiyah Sambas, there are fruit trees and his advice to be treated carefully, Alhamdulillah, the fruit was not gone, twice according to his observation, on the night of the week the fruit fell and the student delivered the fruit to his house, a similar incident happened again recently. So they do not want to take the fruit directly and then eat it, but it is first delivered to the headmaster.

The above phenomenon than by the headmaster was conveyed to the teachers at the MGMP activities at Senior High School of Muhammadiyah Sambas. The teachers were surprised why this kind of mango is safe from this school if our school is certainly gone. It is clear evidence, said the headmaster (Mr. Romsidi, S.Pd., M.Sc) that their good character including shaking hands with the teacher and guests had become our habit.

It was reinforced by the statement of Mr. Nazuarisman, S.Pd that the condition of Senior High School of Muhammadiyah Sambas students before getting to know healthy schools was honestly said to be less aware of cleanliness. But after this school launched a healthy school, thank God, the
habits and behavior of the school's residents have changed a lot, so this clean and healthy lifestyle has been applied, both by students and the father-mother of the teacher council.

Even the school committee also strengthened the opinion above that the improvement of health knowledge of the community around the school was quite high, because the location of Senior High School of Muhammadiyah Sambas was surrounded / close to kindergartens, elementary schools, junior high schools, high schools and universities which also had visions that were relevant to healthy schools. This Tumuk Manggis village includes schools that contribute a lot of healthy school race nominees, and even the village apparatus also moves and is closely coordinated.

So the concept of a healthy school is affected not only by schools that hold healthy schools, but also the impact on families and communities around the school. It is possible that changes in students 'and teachers' healthy life behaviors are caused by the healthy school program launched by Senior High School of Muhammadiyah Sambas.

B. Discussion

1. Healthy school planning

Based on the results of the research that the researchers did, the background of the implementation of this program was the headmaster's initiative to improve the healthy living standards of school residents. The headmaster and the teacher council have formulated a school vision that is to realize an intelligent, devoted and environmentally sound human beings.

Based on the school's vision, the school mission has been formulated in line with the above vision, namely Smart by organizing coaching and guidance in curricular and extracurricular activities optimally towards outstanding people. Be devoted to fostering the spiritual mentality of school residents and being environmentally aware by developing the values of love and being responsible for the school environment. It was in this environmentally sound sentence that Senior High School of Muhammadiyah Sambas developed a healthy school program.

2. Organizing healthy schools

Based on the results of research conducted, to realize a healthy school, the headmaster has formed a small organization in the form of a healthy school implementation team chaired by Mr. Nazuarisman, S.Pd. In the formation of this team, for the position of chairman and deputy through direct appointment by the headmaster, while for the coordinator of each field discussed together with the teacher council and the school committee. From these small organizations, there are also job descriptions (job descriptions) of each field coordinator which is an integral whole to go to a healthy school.

3. Healthy school implementation

Based on the results of the research that the researchers did, the role of the headmaster in implementing healthy schools in Senior High School of Muhammadiyah Sambas was by the technical guidelines and guidelines for the implementation of healthy schools. Some infrastructure facilities have still not reached 100% due to lack of funding, but schools continue to coordinate with the local health office. Then in regular waste management, both the circulation of discharges and sorting of the types of waste. To foster the character of students, Senior High School of Muhammadiyah Sambas set up Jorgan namely LISA, see garbage pick up to foster awareness of personal hygiene and the environment. Even Senior High School of Muhammadiyah Sambas has received recognition of a healthy canteen from BPOM.

4. Healthy school evaluation

Based on the results of the research that the researchers did, the role of the headmaster in supervising/evaluating a healthy school program at Senior High School of Muhammadiyah Sambas was quite good. It is seen from the understanding of all school residents about their health and the school environment by reflecting on the understanding of all school residents that living cleanly is not just for competitions, but always aware of cleanliness is an extraordinary life. The thing that has been felt by school residents is the embedded culture of clean and healthy living for themselves, their families and the environment, both the school environment and the community in general.

IV. CONCLUSIONS AND SUGGESTIONS

A. Conclusions

The results of the discussion above show that the role of the Headmaster in planning healthy schools, where the role of the headmaster is good enough to convince all school residents about the importance of clean and healthy life. For the sake of the realization of a healthy school, the headmaster and the teacher council have formulated a school vision that is to realize
intelligent, devoted and environmentally sound human beings.

Regarding organizing, the role of school headmasters is quite democratic by involving all school residents in forming a healthy school implementing team at Senior High School of Muhammadiyah Sambas, so that the performance of the health school implementing team runs synergistically and simultaneously.

In the implementation of the healthy school program, the school headmaster together with all the school members who were motivated by the head of the implementing team of the healthy school had implemented this program with total enthusiasm and responsibility.

Supervision of healthy school programs routinely carried out by headmasters is evidenced by the growing awareness of clean and healthy lives of students, teachers, TU staff and other school residents and the community around the school.

B. Suggestions

There are several suggestions that the researchers conveyed to improve the implementation of the Healthy Schools program at the Senior High School of Muhammadiyah Sambas in the following period, namely:

1. At the planning stage, especially regarding budgeting funds, schools should be more intensive in collaborating with other parties (private sector, committees, parents, APBD) and those related to other healthy school programs to get financial assistance in supporting the implementation of the program.

2. In the organizing stage, it should be emphasized more on the aspect of raising awareness of teachers regarding the program launched by the school, which is a healthy school.

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